

# JARC

Enriching Lives. Erasing Barriers.



## JARC Elects David Grand New President and 2014-2015 Board of Directors



(L TO R) JARC INCOMING PRESIDENT DAVID GRAND AND PAST PRESIDENT RONALD APPLEBAUM

JARC recently held its 45th Annual Meeting at the Sadie and Charles Grosberg Home in Farmington Hills.

The annual meeting toasted incoming **President David Grand** with a special “passing of the gavel” ceremony. “It is both a tremendous honor and responsibility to serve as JARC’s next president and I’m honored to have been selected to help lead this great organization alongside so many other dedicated professionals and volunteers,” said David Grand. “JARC enjoys a reputation as a beloved and important part of our community, and I will work hard to make sure that doesn’t change.”

“We want to thank **Ronald Applebaum** for all of his hard work these past two years as our Board President helping to lead JARC and make us a better organization,”

said **Rick Loewenstein**, Chief Executive Officer of JARC. “We express our deep gratitude to those members whose terms have come to an end. It truly has been a pleasure having **David Haron, Linda Z. Klein, Lowell Salesin, Scott Werner** and **Stacey Wittenberg** serve on our Board, sharing their knowledge and experience to keep JARC moving forward and be an integral part of our community.”

This is the first time JARC has ever had a President who has a sibling living in one of its homes. “It was very special to hold JARC’s annual meeting at the Grosberg Home where my brother, Jonathan, lives,” added David. “Jon’s home epitomizes all that is so wonderful about JARC: a beautiful, safe and bright place; warm and loving staff; and happy and engaged residents.”

The Sadie and Charles Grosberg Home in Farmington Hills was made possible by a gift in 1982 from Jean and Sam Frankel, and is named in memory of Jean’s parents.

MASTHEAD PHOTO (L TO R) JOE, JON, MYRNA, MADDIE, DAVID, JULIE AND SAM GRAND

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Like a **family**, JARC creates an atmosphere of **security** and **kindness**, making it safe for people to truly **engage** in life.

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**JARC Teams Up with Gleaners and Yad Ezra**



*Flower-A-Thon is always such a fun event for everyone and a great way for our volunteers to do something physical, create something beautiful and establish relationships with our homes, the people we serve and staff.*

— Melissa Garrett, JARC Volunteer Coordinator

## Annual FLOWER-A-THON Gets a Green Thumbs Up

Vibrant colors and pleasant scents were abundant at nineteen of JARC's homes during our organization's annual Flower-A-Thon event held on Sunday, June 8, 2014. More than 50 volunteers of all ages came out to plant flowers, get a little dirty, make something beautiful, and meet the people who live in our JARC homes.

"Flower-A-Thon is the perfect opportunity for volunteers to see JARC firsthand and help make our homes look even more beautiful," said **Melissa Garrett**, Volunteer Coordinator at JARC.

Volunteers are paired with homes in their own neighborhoods and often come back year after year with their own family and friends to participate in JARC's Flower-A-Thon event.

All of the flowers this year and for the past three years were donated by JARC's **Business Buddy Ivan Katz**, of **Great Lakes Landscape Design** based in Oak Park, Michigan. Ivan was first introduced to JARC when he was in high school and his AZA chapter would go bowling with JARC. He remained close to the organization over the years and was happy to step in and donate 130 flats of flowers to be planted at JARC's homes and Katzman Administrative Building.

"I think it's important to help people and organizations like JARC in our community and we are proud to be the company sponsor for Flower-A-Thon," said Ivan. "We do it because we can and more importantly we enjoy it. It's also part of our company mission to help people create beauty in this world and put them in touch with nature."







❶ Celeste Little, Melissa Garrett and Gerry Tischler;  
 ❷ Andi Nitzkin; ❸ Beautiful flowers; ❹ Danniell Nativ and Erin Walker; ❺ Gregg Nathanson (and behind him is Ron Elkus); ❻ Team Nathanson; ❼ Gila Gelfond, Sheryl Lax, Mary Roy, Howaou Weeks, Regina Jutkiewicz and Maxine Lipton; ❽ Christine Buen, Madison Diebold and Nina Friedman



## Chuck Beerman: Volunteer Extraordinaire!

For the past 10 years, **Chuck Beerman** has been volunteering at JARC. Chuck oversees a group of weekly volunteers that helps maintain JARC's homes and the Katzman Administrative Building by planting flowers, spreading mulch, weeding and doing other yard and ground maintenance.

"Chuck is an invaluable asset to the beautification efforts of our homes and office," said **Mike Cottle**, JARC's Property and Facilities Manager. "We're so lucky to have someone like Chuck who's been very active over the years, is a good role model for others, and truly helps make a difference."



## Making a Difference with Hillel Day School



GEORGE ROGERS VICTOR

For almost 30 years, JARC has enjoyed a wonderful partnership with the 7th grade students of Hillel Day School.

Each year the 7th graders get to know the men and women who live in JARC homes and learn firsthand about people with disabilities. Their own lives are enriched by the experience.

Hundreds of students have gone through this program since its inception. The students divide into groups and each group is paired with the men or women of a JARC home. The groups get to know each other during four evenings in the winter and spring. In the past few years, the teachers at Hillel have incorporated the JARC experience into the 7th grade curriculum.

This past June, **George Rogers Victor**, son of Kelly and David Victor, graduated from Hillel Day School and included the importance of his JARC experience in his speech. "My teachers have not just talked about the values of, for instance, Jewish unity; they have created experiences for me to internalize it.

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# jarc

SpringElation 2014



## JARC's SpringElation — Another Roaring Success!

Nearly 2,000 partygoers and 150 volunteers attended JARC's 16th Annual SpringElation fundraiser held on Wednesday, May 28,

2014 at the Detroit Zoo. Special thanks to this year's event chairs **Deborah Kovsky-Apap** and **Ethan Gross** and associate chairs **Lindsey and Greg Weitzman** for helping plan such a successful and fun-filled family evening. We also appreciate the more than 60 area businesses and 400 families in the community that came together to sponsor and support this year's event. Special thanks to our 2014 Presenting Sponsors: **Quicken Loans, Title Source, Bedrock Real Estate Services, Gilbert Films** and **Bienenstock Nationwide Court Reporting**.

Together we raised more than \$250,000 for JARC. SpringElation is the major source of private funding for JARC's services for children and their families. All proceeds raised at this community event will benefit hundreds of families with children with disabilities, including autism, developmental delays and physical and emotional disabilities. JARC's services for children with disabilities include

in-home respite by trained caregivers, social opportunities for teens, and young adults, advocacy with schools and agencies on behalf of families.



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**1** Paul, Sarah and Lisa Berkey; **2** Greg, Lindsey, Blake and Aria Weitzman — Lindsey and Greg were 2014 SpringElation Associate Chairs; **3** Jon Reinheimer, Robert Tucker, Jonah Hoffman, PAWS, Nick Wecker, Mindy Behrmann, Denise Bear; **4** Deborah Kovsky-Apap and Ethan Gross — 2014 SpringElation Chairs; **5** Gigi and Jaime Barratta; **6** Deede and Miles Auster — Clue volunteers; **7** Blake and Levi Fienman; **8** Friends (l to r) Atria Kirshenbaum, Kim Schon, Rachel Opperer, and Lana Stern with a happy entourage of children!; **9** standing: Aaron Langevin, Jimmy O'Reilly; seated: Bill Learst **10** Justin and Yoni Goodwin; **11** Brett Gonte, Julia Eisenshtadt, Lauren Ruby, Tim Dijkstra, Aiden Keenan and Hannah Keenan





*Paul D. Kohn*

## QUALITY KOSHER

catering



RICK LOEWENSTEIN, DANIEL KOHN AND LEAH KOHN

### Spotlight on: KRAVINGS

## Carryout Restaurant Raises Money for JARC!

**Quality Kosher Catering** and its entire team are familiar faces at JARC's special events. They have been the caterer for JARC's fundraisers in the past few years, wowing guests with their delicious cuisine and always donating a significant portion back to JARC.

Earlier this year, they extended their philanthropy by donating a portion of sales to JARC during the opening week of **KRAVINGS**, their new deli, sushi and carryout restaurant, located at 25270 Greenfield Road in Oak Park. The grand opening was a huge success and raised \$8,600 for JARC.

"The response to the opening of KRAVINGS has been wonderful and we appreciate all the support," said **Daniel Kohn**, General Manager of KRAVINGS and QUALITY KOSHER CATERING. "All the major cities such as New York and Los Angeles have beautiful Kosher options. We want our customers to be as excited about fresh, quality food as we are and are happy to bring this concept to the Detroit area."

"JARC is just an amazing organization in so many ways," Kohn added. "They have supported us because we supported them."



GEORGE ROGERS VICTOR

### HILLEL *continued*

"In seventh grade, my classmates and I visited JARC homes throughout the school year," said George. "We were divided into small groups and each group was assigned a particular home. Over the course of the year, we played games like bingo and decorated snicker doodle cookies and cracked jokes and shared many laughs.

"Not only did we visit our JARC friends in their home several times, but they came to Hillel for a really fun game night and we joined them at a bowling alley for some friendly competition. This program had a real impact on me," George added. "It helped me understand the value of connection with the wider Jewish community as well as how fulfilling helping others can be."

Students are introduced to JARC at a young age and many of those same students remain involved with JARC over the years and become JARC Young Adults.

The program is funded in part by the **Helman-Pogoda JARC and Hillel Day School Partnership Fund**.

Enjoy these delicious,  
quick and healthy  
summer recipes!

Courtesy of Quality Kosher Catering



### Summer Corn Salad

4 oz. sugar snap peas cut into thirds  
1 half red pepper, diced  
8 oz. fresh corn (can use canned or frozen)  
Mix dressing:  
1/2 cup vegetable oil  
1/4 cup white vinegar  
1/4 white sugar  
1 tsp salt  
Add dressing to salad and serve.



### Lemon Garlic Whitefish

2 cloves garlic  
1 lemon — zested and juiced  
Chopped parsley  
Add mix to blender til smooth  
and rub on 2 whitefish filets.  
Bake uncovered at 350° for 8-11  
minutes. Finish with light lemon  
zest and chopped parsley.

## Cooking Up Fun at JARC

JARC has partnered with **Gleaner's Community Food Bank** to offer a special healthy cooking class for the people JARC serves.

Healthy eating habits, food budgeting, educational tours at grocery stores and basic cooking techniques will be the focus of the new Cooking Matters™ program, a groundbreaking nutrition-education program developed by the anti-hunger nonprofit Share Our Strength.

Cooking Matters™ is administered locally by Gleaners Community Food Bank and teaches families at risk of hunger how to get more food for their money and better nutrition from those foods. Over the course of six weeks, participants learn how to select nutritious and low-cost ingredients and prepare them in delicious and healthy ways.

"We hope this new class provides the folks we serve in our Independent Living Program with the tools and knowledge to prepare healthy and budget-friendly meals," said **Kristi Davis, Recreation Manager for JARC**. "We want to empower them to be more confident when shopping for food and preparing meals. The Cooking Matters™ program is great because of the combination of experiential learning and nutritional and culinary education provided."

**JARC's Lynn Poldosky Culinary Arts Fund** will underwrite the grocery costs of the Cooking Matters™ program.

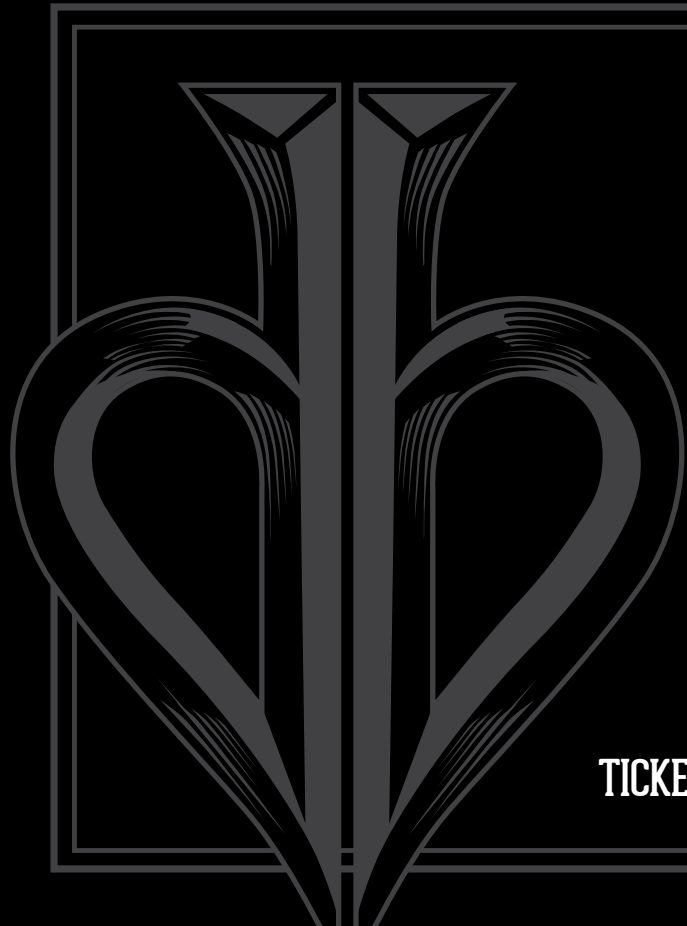


## 'FRESH FOOD TO THE DOOR' Program Delivers Healthy Foods to JARC Homes



The 'Fresh Food to the Door' program that **Yad Ezra**, JARC and **Gleaners Community Food Bank** started in 2011 is still going strong. It has been providing JARC with monthly food deliveries from Yad Ezra, supplemented with additional available fresh produce and other kosher foods from Gleaners at no cost to either JARC or Yad Ezra. Produce may include apples, carrots, onions, potatoes and other healthy Michigan-grown produce along with dry goods such as pasta.

On average, the monthly delivery includes almost 1,500 pounds of food and 200 pounds of toiletry items for 95 people living in nineteen JARC homes. The food and supplies are delivered to JARC's administrative office. JARC Board member **Lisa Pernick** volunteers each month to manage the distribution of the food to JARC's homes. JARC thanks Yad Ezra and Gleaners for their dedication to serving our community.



34th Annual Fall Fundraiser

# DAVID BLAINE

Exclusive One Night Performance

Tuesday, November 11, 2014

Max M. Fisher Orchestra Hall

7:30 PM

**TICKETS ON SALE 9.29.2014** [www.jarc.org](http://www.jarc.org)

To volunteer at one of these events, contact Melissa Garrett, JARC Volunteer Coordinator at 248-488-7541 or [melissagarrett@jarc.org](mailto:melissagarrett@jarc.org).

## NOVEMBER

TICKETS ON SALE 9.29.2014 [www.jarc.org](http://www.jarc.org)

35th Annual Fall Fundraiser  
**david blaine**  
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## OCTOBER

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Enriching Lives. Erasing Barriers



JARC's mission is to enrich the lives of people with disabilities through gentle and loving support, valued relationships, and engagement with the community, in accordance with Jewish values.

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