

# jarc news

Enriching Lives. Erasing Barriers.

ISSUE #3 / MARCH 2018



DIGNITY  
ADVOCACY  
HOME  
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INDEPENDENCE



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# LINKUP

JARC'S SOCIAL CONNECTION

BACK COVER:

# JARC

# apalozza

EMAGINE ROYAL OAK  
MAY 10, 2018

# A MESSAGE FROM OUR PRESIDENT

Hello everyone!

Here's what's been happening at JARC:

In addition to their daily activities,-- going to work, running errands with staff, doctor appointments and joining friends at our **Bruce and Rosalie Rosen** "Triple

R" (Relationships, Relaxation and Recreation) program--the people we serve attended social events like the annual Andy Collins Super Bowl party, Heart to Heart and the monthly Bingo nights , (including one Bingo night that was sponsored by Temple Beth El in honor of Jewish Disability Awareness Month).

**Rabbi Dan Horwitz** from **The Well** recently visited the JARC office to conduct Shabbat/Judaic training for our staff. The staff appreciated the knowledge he shared and the excitement he created around the tradition and meaning of Shabbat. We are looking forward to the upcoming Passover Seders at various JARC homes.

Efforts are underway to increase nursing support at our homes to help our staff serve those with special medical conditions. We're stepping up our continued efforts to ensure that our homes and vans remain in top shape (be sure to check out our new online gift registry article in this newsletter). We just completed our application to become certified by the Commission on Accreditation of Rehabilitation Facilities (CARF). The process of complying with CARF standards will help us to continuously improve the quality of care we provide.

Our fiscal condition continues to steadily improve. Our attention to detail is paying off and our community remains very generous with its support. Still, public funding remains tenuous, and providing 24-hour specialized care is expensive. We still have a lot of work to do to achieve and maintain a balanced budget and true fiscal stability.

Through social media, community outreach, our web site and our most recent JARC video (courtesy of **Exodus Pictures**), we continue to inform people about JARC, the great work that we do and the challenges we face. Look for a refreshed web site later this spring and for more videos, articles and news to enjoy and share.

Under the leadership of **Howard Luckoff**, our incoming Board President, we're conducting a search for our next CEO. Howard has formed a search committee consisting of JARC Board members, family members and trusted friends from the community. We will keep you posted as things progress.

What's next? Our annual SpringElation event -- **JARCpalooza** - is set to take place on May 10 th at the Royal Oak Emagine Theater. It is a fun inclusive, family-oriented event with lots of activities for kids and adults of all abilities. You'll find more details on the back page of this newsletter. Come join us--and help us spread the word about JARC! So, as you can see there is no shortage of activities here at JARC. We look forward to seeing you at our upcoming events!



David Carroll



# VOLUNTEER AT JARC!

An essential part of JARC's mission is to enhance the lives of people with disabilities...a goal we could not achieve without the effort and skill of our dedicated volunteers. JARC volunteers do much more than simply give of their time and talent. They form relationships that can change the lives of everyone involved in remarkable ways. JARC has volunteer opportunities for all ages, including teens and high schoolers, individuals and families, as well as for corporate and community groups of any kind or size. You can volunteer once a year or make an ongoing commitment. From the novice volunteer to the highly skilled -- volunteering at JARC can be one of the most rewarding experiences of your life.

Contact [melissagarrett@jarc.org](mailto:melissagarrett@jarc.org) to learn more.

## Upcoming Volunteer Opportunities:

### Bingo -- April 17 and May 22

Join the people we serve for a fun night of BINGO! Assist someone with their bingo card, call the bingo numbers, distribute prizes, and help with set up and clean up. Bingo is held one night per month at Temple Beth El. This is a fun volunteer event for families, groups, adults, and teens!

### SpringElation 2018, JARCpalooza - May 10

JARCpalooza is an all-inclusive, family friendly night at Emagine in Royal Oak to raise critical funds to support JARC's range of services. Volunteers are needed for a variety of jobs at the event including greeting guests, passing out programs, assisting at the bowling counter, passing out popcorn and helping at the various entertainment attractions.

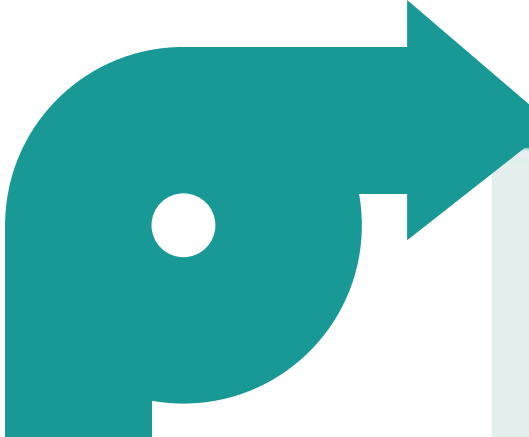
### Flowerathon -- June 3

We need your help planting brightly colored flowers to further beautify our JARC homes. Green thumbs are not necessary, just fun people willing to get a little dirty! Bring your family and friends or come on your own.

## On the front cover:

Ebonique Cochrane, Shayne Graves and friends, and siblings Bradley and Brooke Dunn.





*Now open for business!*  
**JARC Home Essentials  
 ONLINE GIFT REGISTRY**



[www.jarc.org/  
 onlinehousehold  
 giftregistry/](http://www.jarc.org/onlinehouseholdgiftregistry/)

# CHECK OUT JARC'S HOME ESSENTIALS REGISTRY!

JARC's **Home Beautification Committee** is proud to introduce a new and unique way for you to support JARC. A virtual housewarming party has been created that allows people to view JARC's online gift registry and purchase assorted items that are needed in our JARC homes.

The idea for the online gift registry came out of a brainstorming meeting held by JARC's Home Beautification Committee. "The best thing about this registry, is that there are hundreds of items listed, at many different price points – so it makes this an easy way for everyone to support JARC," said committee co-chair **Sharon Alterman**. "And the process is so simple, everything that is ordered is shipped directly to the JARC office for sorting and easy distribution directly to the home that needs it most."

For detailed step-by-step instructions, and to login to the online gift registry, go to: <http://www.jarc.org/onlinehouseholdgiftregistry/>



*JARC's Home Beautification Committee is proud to introduce a new and unique way for you to support JARC!*  
 With this registry you are able to go online and purchase items that are needed in our JARC homes. The variety of items and prices makes this an easy way for everyone to support JARC.  
 Keep checking back frequently. We will be adding more items and retail stores throughout the year!

**BED & BATH • KITCHEN • HOME DECOR • HOUSEWARES • LINENS • OUTDOOR • AND MORE!**

## CONNECT WITH US ONLINE!



**JARC Detroit**



**@JARCdetroit**



**@JARCdetroit**





Night to Shine - Guests (left to right): Harold Brose, Julie Charron, and Jason Hojnacki.



Leonard Slipson



Michael Rosen and great niece Carly Rosen



Thank you Temple Beth El for sponsoring a recent Bingo Night! (Left to right): Juanita Wright and Margaret Berlin





## The Andy Collins Super Bowl Party!

Celebrating a 15 year tradition, Andy Collins and friends gather for dinner and to watch the big game!

Thank you to brother, **Dan Collins**, for your continued support of this great social outing.



The 23rd Annual Heart to Heart volunteer crew assembled over 600 goody bags to donate to local children's charities.

# JARC BOARD OF DIRECTORS SPOTLIGHT: ADAM JAHNKE



Adam and Marla Jahnke

Adam Jahnke's board service grew out of his 10-year track record of volunteering for JARC, including co-chairing the young adults' portion of the 2017 Fall Fundraiser, along with his wife, Marla. When he and Marla were

introduced to JARC in 2008, Adam says, "We instantly grew attached to JARC. Both of us take great pride in being involved."

Adam has two and half years' experience serving on the Board; he's completely inspired by the work JARC does and the people it serves. "Serving on the Board is one of my favorite things to do," said Adam.

Adam's favorite JARC story took place at the 2016 Fall Fundraiser's Detroit Symphony Orchestra performance of the music of Michael Jackson, when an inspired JARC participant got up on stage and danced to the music. "It brought us a lot of joy," Adam states, "It was the perfect JARC moment."

Adam is driven to attract more young adults

to champion and support JARC. To those young adults in the community, he has a strong message: "Come out to one of our JARC events, whether it's the Fall Fundraiser, one of the young adult specific events, such as bowling, or volunteering at a JARC home. We came to one of the events and it touched our hearts. It's impossible to escape JARC's hold of you."

When Adam isn't working or serving JARC, he loves to golf and attend Michigan football games. He and his wife live in Huntington Woods with their one-and-a-half year old son, Asher. Adam is a principal partner and cofounder of Vault Equity Partners. Adam received his J.D. from the University of Southern California's law school and his bachelor's from the University of Michigan.

## JARC BUSINESS BUDDY PROFILE:

### PEST ARREST



Mitch Wagner

Nobody likes a pest - especially the kind that crawl in dark corners and chew holes in the baseboards. That's why JARC is proud to feature its Business Buddy, Pest Arrest, in this edition's Business Buddy Profile.

Pest Arrest is an Oak Park-based exterminating company owned by 33-year-old **Mitch Wagner**. Mitch is a lifelong student of eliminating pests and rodent infestations, using humane and thorough methods to keep JARC homes and buildings safe and free of unwanted visitors. Pest Arrest began donating services to JARC in the 1980s and Mitch remembers attending many JARC functions as a young man. Mitch's father and Pest Arrest's founder instilled a deep appreciation of community service in Mitch.

When asked about his work with JARC, Mitch says, "The opportunity to give back to the community is very meaningful. I'm happy we can continue supporting JARC. What JARC does...is priceless."

JARC keeps Pest Arrest busy - technicians come to JARC homes at least twice a month to do preventative work and occasionally

remove infestations.

Pest Arrest is able to donate services to JARC because of its excellent business model. Since 2010, Mitch grew the company from three employees to 22. "We typically meet clients in an emotional state," explains Mitch, "so our size enables us to respond in a timely manner." Pest Arrest works in Flint, Ann Arbor, Lansing, Jackson, Grand Rapids, Port Huron, Monroe and Saginaw.

"Our attention to detail is unique and our turnaround time is impeccable," says Mitch. "I consider myself as a working owner."

Mitch handles a lot of calls himself, making him a hero for his clients and a villain of vermin. If you run into a pest problem in your own home, consider giving Pest Arrest a call! You can reach them at **www.pest-arrest.com** or **(248) 246-1850**. Thanks, Pest Arrest, for all you do to keep JARC homes safe, clean, and beautiful!





# JARC VOLUNTEER PROFILE: TERRI ORBUCH



**The ladies of the Keller Walch Home with Terri Orbuch**

Time flies when you're having fun! That's how the past 11 years have felt for JARC volunteer **Terri Orbuch**.

Terri, husband **Stuart Jankelovitz** and their children first connected with JARC in 2007 through the Hillel Day School. Both her daughter **Abigail** and son **Joshua** got involved in their respective 7th grade programs with JARC.

From the beginning, Terri and her family have

spent the majority of their time volunteering with the women of the Keller Walch home. Activities have included such things as playing games, puzzles, watching movies, helping at bingo nights, dances and planting flowers at the annual JARC Flowerathon.

Over the years the Keller Walch ladies have also been an important part of the Orbuch children's milestones. Both children included JARC and the Keller Walch home in their mitzvah projects. And when high school graduations came around, the ladies were at the Orbuch home to celebrate with friends and family.

Fast forward 11 years and Terri still visits the Keller Walch home every month." We typically meet for lunch on Sunday," Terri explains, "sometimes it's just me, other times it is with my daughter (now in grad school) or my son (who is now in college). We've done so many things together over the years. We go shopping, walk around Twelve Oaks Mall,

bake Hanukkah cookies, occasionally the ladies will come to our home for dinner. We do something different every month, and we always celebrate birthdays!"

"What makes me smile most about JARC," Terri states, "is just spending time with the Keller Walch ladies. We have our ongoing jokes. The same jokes that we share over and over, and we still laugh at them! Our days are filled with smiles. I love all four of those ladies!"

In addition to her volunteering with JARC, Terri stays busy as an author, speaker, therapist, professor at Oakland University and a research professor at the University of Michigan. She is also known to many for her relationship science expertise as The Love Doctor®. Over the years she has been featured on national television and radio shows, as well as online and in national publications. Her relationship segments are aired on Fox 2 Detroit. Terri and her family live in West Bloomfield.

## LINKUP IS BACK AND BETTER THAN EVER!



In July of 2017, JARC re-launched its popular LinkUp program thanks to a grant from the **Jewish Fund Teen Board**. LinkUp is tailored for young adults who live at home with their families and are in their late teens through their 20s.

Eight months into the program, and JARC is abuzz with LinkUp excitement. **Monee' Whitney**, Program Coordinator and LinkUp facilitator, plans activities alongside JARC's young adult crowd. "I get a lot of phone calls and suggestions about activities," Monee' says. "It's great because I know that JARC is making sure our young adults are doing what they want to do."

And what do these LinkUp young adults want to do? One only needs to look at the LinkUp monthly notices to get a good idea of all the places a LinkUp program can go! During the first 6 months of the grant, LinkUp was all over the place, including:

- Fowling in Hamtramck (the hip sport that combines football and bowling)
- Apple picking at orchards in the fall
- Attending retro movies at local city parks
- Touring Detroit
- Eating at HopCat Royal Oak
- Bowling in Novi
- Watching movies at Emagine Theaters
- Attending a Pistons game
- Partying at Dave and Busters.

Twenty people are plugged in to LinkUp and JARC looks forward to providing more LinkUp activities to young adults in the months to come. So far, 15 events have been attended. On average, each outing accommodates four to six people, but there are times when everyone gets together and it



**Link Up friends enjoying the young adult pre glow at the Fall Fundraiser. (Left to right): JARC Staff Joanne Watson, Nicole, JARC COO Melissa Stewart, Ben, and Rachel.**

instantly becomes a party.

LinkUp is more than just fun times. For a lot of young adults in the LinkUp program, these events offer a time to be independent, explore popular culture, and broaden their social network. It is a way to connect with the community, friends, and activities. Some LinkUp participants are now dating and others are exploring new hobbies and crafts. Finally, families are excited to see young adults claiming their own sense of independence and remain grateful that JARC provides support and guidance when it's needed. There's no doubt that LinkUp is doing just what it says - linking young adults up to a fuller, happier life.



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**An inclusive  
family friendly  
event!**

- Entertainment and movies in the theatres
- Music by StarTrax
- Bowling
- Dinner by Quality Kosher Catering

**And more fun  
activities for kids  
of all abilities!**

Benefitting children, teens and adults with disabilities

**2018 SpringElation • May 10 • 5:30 - 8:30 pm**

**JARC**  
**apaloza**  
ROYAL OAK **EMAGINE**

**BUY TICKETS ONLINE!**

**\$25 Individual Ticket** (Kids 2 & under FREE!)

[jarc.org/events/2018springelation](http://jarc.org/events/2018springelation) | [maryjanenowak@jarc.org](mailto:maryjanenowak@jarc.org) | 248.538.6611